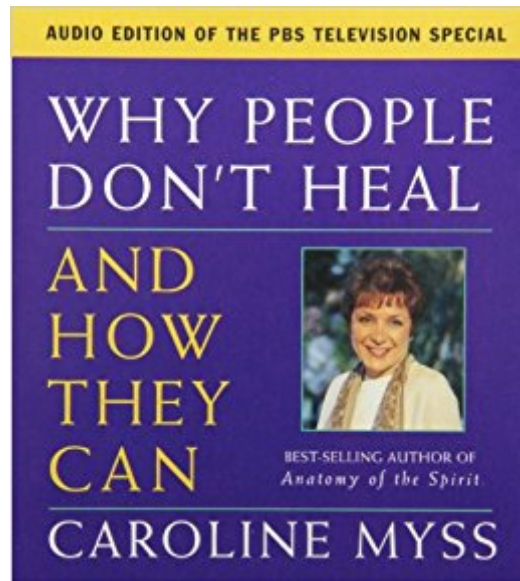




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Why People Don't Heal And How They Can



Synopsis

On this stunning audio edition of the national PBS special with Dr. Caroline Myss, this acclaimed authority on the energetics of healing dares to take listeners to a hidden realm of the human body, beyond Western myths about healing -- yielding a hope-giving program for health unlike any other. For over 15 years, Dr. Myss has worked face to face with the real experts on this controversial subject: thousands of people challenged by illnesses that failed to respond to conventional treatment. As a medical intuitive, Dr. Myss saw beyond their physical complaints, and identified the greatest block to healing in our culture today. She shows that when we stop using illness as a way to gain power and intimacy with others, we stop wasting our sacred energy. It then becomes available, not only for self-healing, but for spiritual fulfillment. Here is a bold new vision of healing, presented by Dr. Myss in her own words, that will electrify you with its unlimited possibilities for improved health and spiritual connection. Includes an exclusive interview with Dr. Myss available nowhere else.

Book Information

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Customer Reviews

A woman tells you, within minutes of meeting her, that she's in a support group for incest victims. In theory, this woman is trying to recover from her childhood trauma, but in reality, Caroline Myss writes, she's one of a growing army of people who practice "woundology," the use of their pain and suffering to manipulate those around them. Myss first noticed this phenomenon in the late 1980s, and began to analyze why so many people seemed to choose to carry such painful problems so proudly through life, to define themselves by the awful things that had happened to them. She offers

a program to use "symbolic power"--a deep, spiritual insight that surpasses any conjured by the conscious mind--to craft a genuine conclusion to the illness or injury. --This text refers to the Preloaded Digital Audio Player edition.

Myss is a medical intuitive, a person who "sees" illnesses in the body by intuitive means. Here she writes about healing, the various attempts people make to do it, and why they get "stuck." A global thinker, Myss looks at the entire civilization and at "astrological ages" when discussing healing. She also explains the influence of chakras and astrological ages on healing. At the heart of the book is Myss's challenge to five myths that stand in the way of healing: My life is defined by my wound (perhaps the most original concept here); being healthy means being alone; feeling pain means being destroyed; all illness is the result of negativity; and true change is impossible. Myss believes that giving up these myths leads one closer to healing. Many will think her concepts too far out to be of use; others will see her as visionary. The latter will be looking for this book wherever New Age titles circulate well. ?Barbara O'Hara, Free Lib. of Philadelphia Copyright 1997 Reed Business Information, Inc. --This text refers to the Preloaded Digital Audio Player edition.

I really like this, love it actually as I do most of her books that I've read. I am going back & picking it apart & really acting on this and discovering additional epiphanies to go along with it. I don't really have physical problems, but it is Great for all areas of your life. I gave one to another person who doesn't really want to let go of her physical ailments (wants disability more than healing), but if anyone will read this twice & work with it seriously...it can heal many areas of your life: physical, spiritual, emotional, etc.

Overall very good. A different perspective on the mind-body connection. Sometimes wanders off down woo-woo road, but mostly good advice for people with an open mind. The primary message - that we engage in behaviors that get in the way of our own healing - is critically important and something people should be talking about more widely.

Contained several hand written notes for a very good rating otherwise it was in good condition and is very readable.

Good reinforcement.

I love Caroline Myss and all her writing but this book did not reach me. Probably it is just me because she knows what she is writing about. Half of reading has to be the reader. The writer can't do it all. So give it a chance because it may be just what you need.

This requires a god belief. I couldn't keep myself reading it since it was based on that assumption. If god were real, then just magic us all to feel better instead of cruel histrionics to aid our "understanding" and "growth".

Thank you

i was alerted to this author by my spiritual director, but i don't find it particularly spiritual. i think it is too simplistic for such a monumental mental health problem.

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